

Dear Friend,

In the face of challenges, remember: You are resilient, unique, and more than enough. Your journey is a testament to your strength. Embrace it with hope, knowing you have the power to shape a brighter future.

You're not alone; your dreams matter. Keep going, believe in yourself, and never give up.

## **EMERGENCY**

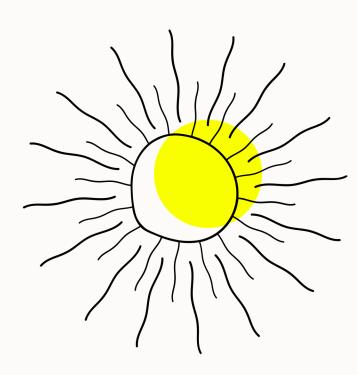
Agora Crisis Center 505-277-3013 Daily | 6 AM- 12 AM

Emotional Support Health Line

Domestic Violence Shelter | S.A.F.E. House 505-247-4219 or 1-800-773-3645 Open 24/7

Rape Crisis Center 505-266-7711 Open 24/7





## An Albuquerque

Pocket Guide to
Resources for Adults
and Youth
Experiencing
Homelessness

#### YOUTH SAFE SPACES

The Harbour 505-900-3833 Wed-Fri | 12-6 PM

Drop-in center for youth under 21. Provided at the Harbour:

- food
- laundry
- clothing & hygiene

New Day- The Space 505-503-7800

Dream Tree Project text 575-77-7704 Open 24/7

Emergency teen shelter for youth 12-17

Amistad Shelter 505-877-0371 Open 24/7

Short-term program for youth 12-17. Providing residential shelter care

New Day Shelter 505-938-1060 Open 24/7

### HUMAN TRAFFICKING RESOURCES

New Mexico Dream Center 505-504-1301

National Human Trafficking Resource Center 1-888-373-7888

# Additional Resources

National Runaway Safeline 800-786-2929

Suicide & Crisis Lifeline 988

### SUBSTANCE ABUSE RESOURCES

Serenity Mesa 505-877-3644

Al-Anon & Al-Anon Teen 505-262-2177

Alcoholics Anonymous (AA) 866-210-1303

Narcotics Anonymous 800-798-6649

Children's Treatment Center 505-296-3965