



# Gift Quiz & Discussion Guide

## GIFT TYPES

Number in order of what you most enjoy being given by your spouse (with 1 being the best):

\_\_\_\_\_ A GIFT WITH PRACTICAL USE (EX: TOOL OR APPLIANCE)

\_\_\_\_\_ PERMISSION TO SPLURGE (EX: GIFT CARD OR SHOPPING TRIP)

\_\_\_\_\_ SOMETHING FOR THE HOUSE

\_\_\_\_\_ SOMETHING HANDMADE

\_\_\_\_\_ AN EXPERIENCE (EX: CONCERT TICKETS, FANCY DINNER OUT)

\_\_\_\_\_ A SENTIMENTAL GIFT (EX: PAINTING OF A FAVORITE PLACE)

\_\_\_\_\_ WEARABLE ITEMS (EX: CLOTHES, JEWELRY)

\_\_\_\_\_ OTHER

*Talk about times when you received these gifts and why they were so meaningful to you.*

## GIFT MESSAGES

Number in order of what makes you feel most loved (with 1 being the most):

\_\_\_\_\_ WHEN YOU HAND WRITE A NOTE TO ME

\_\_\_\_\_ WHEN YOU DO SOMETHING TO HELP ME

\_\_\_\_\_ WHEN YOU SPEND MONEY ON ME

\_\_\_\_\_ WHEN I'M GIVEN TIME TO MYSELF

\_\_\_\_\_ WHEN YOU ACKNOWLEDGE MY HARD WORK

\_\_\_\_\_ WHEN I'M GIVEN SOMETHING I NEED

\_\_\_\_\_ WHEN WE SHARE A FUN EXPERIENCE

\_\_\_\_\_ WHEN MY UNIQUENESS IS ACKNOWLEDGED

*Talk about a time you received a gift that made you feel really loved.*

# THE ELEMENT OF SURPRISE

Circle one:

I'D LIKE TO RECEIVE GIFTS I'VE REQUESTED RATHER THAN BE SURPRISED  
I'D LIKE TO BE SURPRISED EVEN IF I RECEIVE SOMETHING I DON'T WANT/NEED

*Talk about your preference.*

## TIME, MONEY, EFFORT, THOUGHT

Number in order of importance of what makes a gift most meaningful to you  
(with 1 being the best):

\_\_\_\_\_ THE AMOUNT OF TIME IT TOOK TO FIND OR MAKE      \_\_\_\_\_ THE DEGREE TO WHICH IT ACKNOWLEDGES MY REQUEST

\_\_\_\_\_ THE AMOUNT OF EFFORT IT TOOK      \_\_\_\_\_ THE DEGREE TO WHICH IT REFLECTS MY PERSONALITY

\_\_\_\_\_ THE AMOUNT OF MONEY THAT WAS SPENT ON IT      \_\_\_\_\_ THE AMOUNT OF CREATIVITY USED TO THINK OF THE GIFT

*Discuss why your top choice means so much to you.*

## THE NITTY GRITTY

Give your partner an idea of your gift preferences. Circle the things you would love to receive and cross out the ones you wouldn't enjoy.

COLOGNE/PERFUME      QUALITY TIME      MONTHLY SUBSCRIPTIONS  
JEWELRY      CLOTHES

TOOLS      HOBBY SUPPLIES      OUTDOOR GEAR      HANDMADE GIFTS      SHOES

HOME DECOR      CONCERT TICKETS      CANDLES      ELECTRONICS

GIFT CARDS      SPORTING GOODS      TRIPS      HOME-CLEANING SERVICE

ADVENTURES      MAKEUP      MUSIC EQUIPMENT      GAMES

GAG GIFTS      WORKOUT GEAR      VIDEO GAMES      BOOKS

APPLIANCES      GUILT-FREE ALONE TIME      ART      FLOWERS      BATH SUPPLIES

*Talk about why you like the gifts you circled. Can you think of any others?*