



Controlling the Environment, Not the Child

Most parents have probably experienced the conflicting desire to manage your young child's behavior without stifling their desire to move and explore. If you have a particularly active child, this conflict can be even greater.



The Montessori philosophy does not try to control children, but rather helps them learn to channel their energy into learning and exploration.

Freedom of Choice Movement

In the Montessori classroom, we seek to control the environment, not the child. In lieu of trying to control or suppress a child, the classroom is set up to allow freedom of choice and movement. Because activities like running and horseplay aren't safe inside a classroom, the space is set up with narrow walkways so that children can't run. Furniture and storage are arranged so kids must learn to walk carefully and not to bump into things. This teaches important motor skills, and helps us to maintain a quality learning environment.



When entering a Montessori classroom, you may notice a line of tape down the middle of the room, or work rugs dotting the floor. These materials serve multiple functions, and help students learn to move carefully around the classroom. Young children will learn to walk following the straight line of tape on the floor, and then may be challenged to carry items as they walk. This is a fun activity for kids that is both mentally and physically challenging. Kids also learn not to walk on work rugs, so these mini workstations form a natural maze for kids to navigate.

Activities Chosen by Children

If you are the parent of an active child, you've probably observed that they do best when they have the freedom to move around and try new things. While traditional classrooms tend to emphasize sitting still and listening, the Montessori classroom is designed so kids can choose their activities. They can choose where they work, and when to stop one activity and move on to another. Kids can even choose to take a water or snack break in the middle of an activity. Active children can thrive in this environment because their attention and energy are redirected to productive learning, rather than suppressed.



No matter your child's activity level, Our Montessori School can help them grow and develop through a carefully constructed learning environment. The Montessori philosophy seeks to help children thrive, tapping into their energy as a resource for learning rather than something to contain.

Give us a call at [\(505\) 275-6111](tel:5052756111) to learn more today!